

# Breaks

Self-Serve Buffet Stations  
All breaks are served for 30 minutes.

## THE HEALTHY

Dry Nut Mix  
Assorted Dry Fruit (Apricot, Cranberry, Banana)  
Yogurt  
Freshly Brewed Coffee and Teas

## THE ENGLISH

Scone and Lemon Curd  
Petit Fours (2)  
Freshly Brewed Coffee and Teas

## THE FLORIDIAN

Whole Fresh Fruit  
Banana Nut Muffins  
Miniature Key Lime Pies  
Juice Station  
Freshly Brewed Coffee and Teas

## THE GROVE

Artisan Cheeses with Water Crackers  
Vegetable Crudités with Dip  
Orange Juice, Apple Juice, and Cranberry Juice  
Freshly Brewed Coffee and Teas

## THE SPA BREAK

Granola and Power Bars  
Fresh Fruit Kabobs with Yogurt Dip  
Vegetable Display with Ranch Dip  
Assorted Sports Drink and V8 Juice

## THE TEA PARTY

Assorted Tea Sandwiches (3)  
Assorted Petit Fours (1)  
Freshly Brewed Coffee and Teas

## THE HOME RUN

Fresh Buttered Popcorn and Cracker Jacks  
Miniature Franks in Puff Pastry with Dijon Mustard  
Individual Bags of Peanuts  
Iced Tea and Freshly Brewed Coffee

## THE FRENCH BAKERY

Assorted Pain au Raisin and Pain au Chocolat  
Assorted Mini Tart (1)  
Freshly Brewed Coffee, Teas, and Hot Coco

## THE CANDY STORE

Assorted Candy  
Whole Fresh Fruit  
Assorted Sodas

## THE SMOOTHIE

Granola  
Smoothies (Choice of 2 Flavors: Banana, Raspberry, Strawberry, Mango, and Passion Fruit)

## THE CAFE

Assorted Mini Quiche (2)  
Iced Tea and Freshly Brewed Coffee

## THE TUSCAN

Bruschetta & French Baguette  
Vegetable Crudités  
Freshly Brewed Coffee and Teas

## THE ASIAN

Assorted Spring Rolls (2)  
Iced Tea

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### THE SPIRIT

Freshly Baked Cookies  
Fudge Marbled Brownies  
Individual Chocolate Milks  
Freshly Brewed Coffee and Teas

### THE MEDITERRANEAN

Antipasto Platter  
Hummus, Tzatziki, and Tapenade  
Assorted Olives & Grilled Vegetables  
Flatbread  
Iced Tea and Freshly Brewed Coffee

### THE ITALIAN

Espresso and Cappuccino  
Biscotti and Fruit  
Freshly Brewed Coffee and Teas Served with Cinnamon  
Sticks, Grated Orange Peel, Chocolate Syrup, Fresh  
Whipped Cream, Nutmeg, Raw Sugar, and Crystal Candy  
Swizzle Sticks

### THE ICE CREAM SHOP

Assorted Ice Cream and Topping  
Freshly Brewed Coffee and Teas  
(Attendant Fee Required)

### THE MEXICAN

Chicken and Vegetarian Quesadillas (2)  
Iced Tea and Freshly Brewed Coffee

### THE COFFEE SHOP

Viennese Display (3 pieces per person)  
Freshly Brewed Coffee with Sweet Accompaniments  
Espresso and Cappuccino

### THE STRAWBERRY FUSION

(Based on Availability and Season)  
Basket of Fresh Strawberries with Whipped Cream  
and Brown Sugar  
Baby Strawberry Shortcake  
Chocolate Dipped Strawberries  
Strawberry Iced Tea and Strawberry Lemonade

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ASSORTED TEA SANDWICHES  
Minimum of 2 Dozen

CHICKEN SALAD WITH TOASTED WALNUTS AND APPLE  
Watercress and Cucumber Salad  
Smoked Salmon and Dill Cream Cheese  
Roast Beef Sandwich with Parmesan Mayonnaise  
Egg with Dill Mustard

A LA CARTE REFRESHMENTS  
Juices and Beverages

Freshly Brewed Coffee, Decaffeinated Coffee and Herbal Teas  
Brewed Iced Tea  
Orange, Grapefruit and Tomato  
Lemonade, Fruit Punch, Cranberry, and Apple Juices  
Variety of Soft Drinks  
Pellegrino and Panna Bottled Water  
Hot Chocolate  
Whole Milk, 2% Milk and Skim Milk  
Specialty Drinks Upon Request (KMX, Red Bull, Specialty Waters)

### FROM THE PATISSERIE

Butter Croissant  
Assorted Breakfast Pastries  
Assorted New York Bagels  
Assorted Homemade Cookies  
Coffee Crumble Cake  
Carrot, Banana Nut or Zucchini Bread  
Assorted Donuts  
Pecan Cinnamon Buns  
Assorted Dry Snacks (Goldfish, Pretzels, Popcorn, Nuts)  
Natural or Fruit Flavored Individual Yogurts  
Individual Boxed Cereals  
Health and Candy Bars  
Assortment of Ice Cream Novelties  
Whole Fresh Fruit  
Seasonal Sliced Fruit  
Chips and Salsa

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